NORTH WALES INDOOR
REGIONAL
CHAMPIONSHIPS 2022 200M 300M & 600M



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Saturday 5th & Sunday 13th March 2022 – Sports City Manchester.

Further Details on www.saleharriersmanchester.com to download Entry Forms - Directions - Time/ Table.

Online Entries: Sportsoft (www.race-results.co.uk)ALL F RIES CLOSED

RIES CLOSED North Wales Regional Athletics Council



NEW DATE - 5^{th} March for u15's/u17's / u20's & Seniors - $200 \mathrm{m}$ & $600 \mathrm{m}$ –

https://www.saleharriersmanchester.com/index.php/events-fixtures/winter-indoor-series - Spectators £2 fee, free for coaches with current licence.

Additional Events Available on 13th March for u15's/u17's / u20's & Seniors - 300m - https://www.saleharriersmanchester.com/index.php/events-fixtures/winter-indoor-series (Strictly no u13's competitors allowed to enter the 300m event). - Spectators £2 fee, free for coaches with current licence.

PLEASE NOTE -

- Additional events including the 200m, 300m, 600m, will take place at Manchester Sports
 City in March and athletes will be required to enter these races as part of the open
 competitions like every other athlete.
- Results will be taken as time trials and NW Championships medals will be issued to 1^{st} 2^{nd} 3^{rd} athletes who are eligible to compete based on the time trial results.